



UK Healthy Cities Network

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THE HEALTHY CITIES MOVEMENT

Initiated by WHO in the mid-1980s as a small-scale project that aimed 'to put health on the agenda of decision-makers in the cities of Europe', Healthy Cities quickly fired the imagination of politicians, professionals and citizens worldwide. It is now a global movement for public health and sustainable development with over 25 years' experience of incubating new ideas and developing creative solutions to old and new challenges.

Healthy Cities 21st Century

WIDER DETERMINANTS OF HEALTH - EQUITY

Committed to tackling the wider determinants of health and addressing the needs of vulnerable and disadvantaged groups, Healthy Cities prioritises equity, solidarity, sustainability, empowerment, intersectoral collaboration, community development and participatory governance. Concerned to translate rhetoric into tangible action, it recognises that success requires experimentation, learning, adaptation and change.

Healthy Cities 21st Century

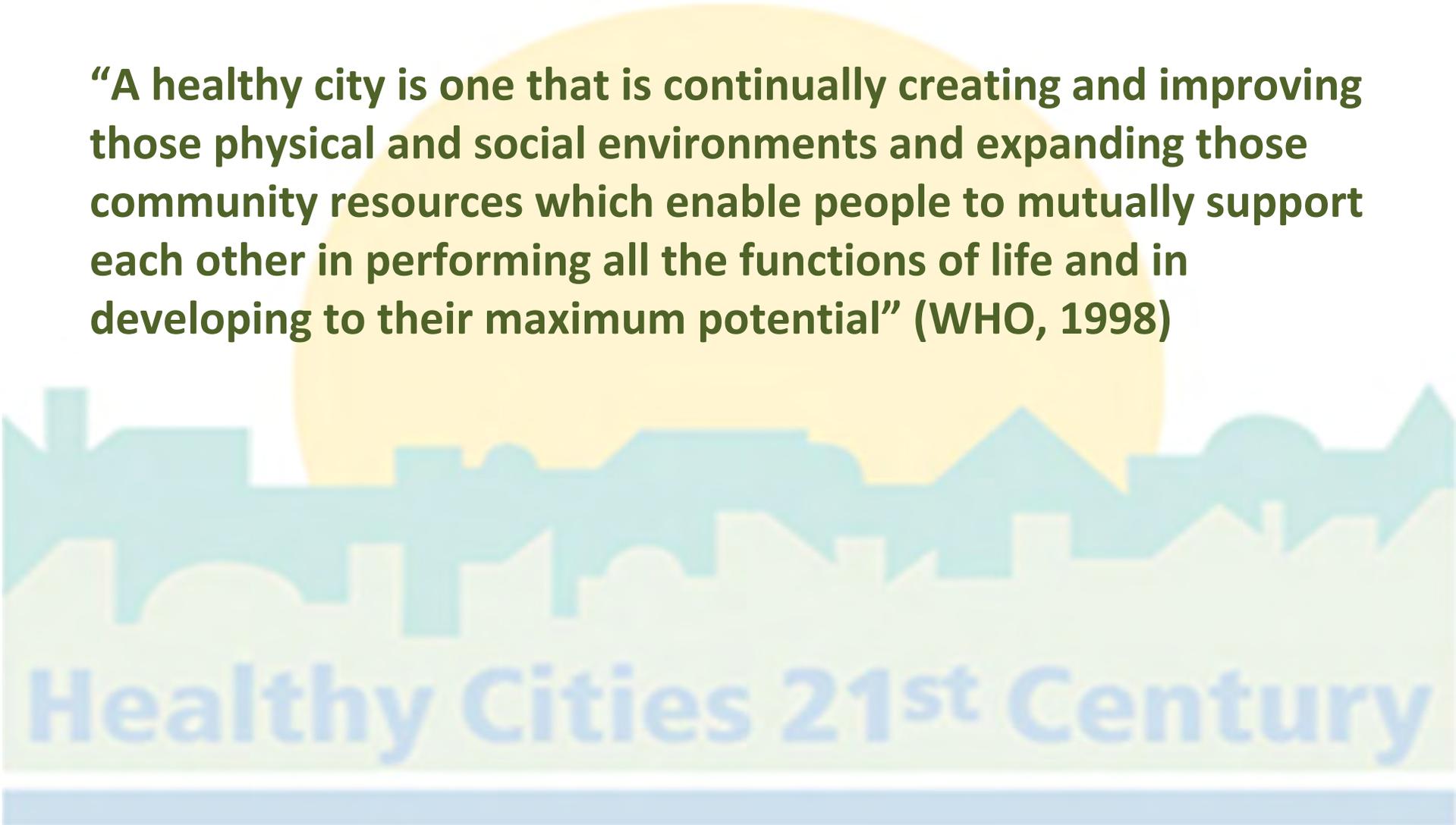
PRIMARY GOAL

The primary goal of WHO Healthy Cities is to put health high on the social, economic and political agenda of local government. Health is the business of all sectors and local authorities are in a unique leadership position, with power to protect and promote their citizens' health and well-being through comprehensive and systematic approaches to policy and planning.

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INFLUENCE OF WORLD HEALTH ORGANISATION

“A healthy city is one that is continually creating and improving those physical and social environments and expanding those community resources which enable people to mutually support each other in performing all the functions of life and in developing to their maximum potential” (WHO, 1998)

The logo features a stylized city skyline in light blue and green, with a large yellow sun in the background. The text "Healthy Cities 21st Century" is written in a bold, blue, sans-serif font across the bottom of the graphic.

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UK DESIGNATED HEALTHY CITIES

Healthy Cities is a global movement that engages local authorities and their partners in health development through a process of political commitment, institutional change, capacity-building, partnership-based planning and innovative projects.

Within Europe, there are around 90 cities that are designated as members of the WHO European Healthy Cities Network – including 14 in the UK:

In addition, there are approximately 30 national Healthy Cities networks involving more than 1400 cities and towns as members.

Belfast	Glasgow	Sheffield
Brighton and Hove	Liverpool	Stoke-on-Trent
Cardiff	Manchester	Sunderland
Carlisle	Newcastle	Swansea
Derry	Preston	

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UK HEALTHY CITIES NETWORK

- The UK Healthy Cities Network is part of a global movement for urban health that is led and supported by the World Health Organization (WHO). Its vision is to develop a creative, supportive and motivating network for UK cities and towns that are tackling health inequalities and striving to put health improvement and health equity at the core of all local policies. Its aims are to:
 - enhance learning and build capacity through sharing ideas, experience and best practice
 - widen participation in the Healthy Cities movement and support member towns and cities to develop and test innovative approaches to emerging public health issues
 - become a strong collective voice for health, wellbeing, equity and sustainable development – informing and influencing local, regional, country and national policy.
- Established with funding from the Department of Health for England, the UK Network is one of 30 national Healthy Cities networks across Europe, and we are proud that it is one of 20 accredited by WHO as a member of the Network of European Healthy Cities Networks. It is co-ordinated by the Healthy Settings Unit at the University of Central Lancashire and overseen by a high-level steering group representing all four countries within the UK.

Healthy Cities 21st Century

“Many UK cities have been and continue to be inspirational leaders in the Healthy Cities movement. To continue to add value to local health development, Healthy Cities will always require a strong strategic niche and a mandate and commitment to work upstream from local to national level. The role of local government is a key aspect of the Healthy Cities approach especially in tackling the social determinants of health, governance and community empowerment. I recently had the pleasure of accrediting the new UK Healthy Cities National Network and endorse the ministerial and Department of Health support to the development of the Network and its potential to engage and share expertise nationally, within Europe and with the global Healthy Cities movement.”

**Dr Agis Tsouros, Head, Policy & Cross-Cutting Programmes and Regional Director’s Special Projects, WHO Regional Office for Europe
(From the forward of the forthcoming UKHCN Brochure)**

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PHASE V OF THE WHO EUROPEAN HEALTHY CITIES NETWORK RUNS FROM 2009-2013

Healthy Cities principles and values

Equity in health

Participation and empowerment

Working in partnership

Solidarity and friendship

Sustainable development

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PHASE V OF THE WHO EUROPEAN HEALTHY CITIES NETWORK RUNS FROM 2009-2013

Its overarching theme is **Health and Health Equity in All Local Policies** – and within this context, the three core themes are:

Caring and supportive environments.

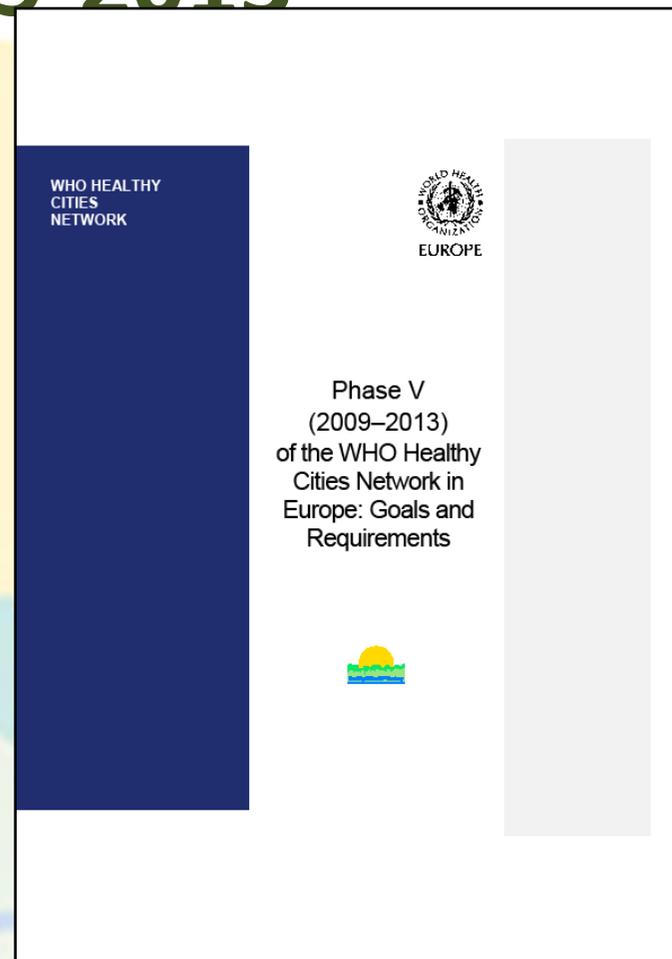
A healthy city should be above all a city for all its citizens, inclusive, supportive, sensitive and responsive to their diverse needs and expectations.

Healthy living.

A healthy city provides conditions and opportunities that support healthy lifestyles.

Healthy urban environment and design.

A healthy city offers a physical and built environment that supports health, recreation and well-being, safety, social interaction, easy mobility, a sense of pride and cultural identity and that is accessible to the needs of all its citizens.



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”HEALTH AND HEALTH EQUITY IN ALL LOCAL POLICIES”

Is a recognition that population health is not merely a product of the health sector

Health and well-being are increasingly becoming shared values across societal sectors.

Evidence shows that the actions of other sectors beyond the boundaries of the health sector significantly influence the risk factors of major diseases and the determinants of health.

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UK HEALTHY CITIES NETWORK - BENEFITS OF MEMBERSHIP

The UK Healthy Cities Network offers members the opportunity to be part of a dynamic and supportive network of cities and towns committed to embedding health and health equity in all local policies, to improving the health of their populations and to developing a strong collective voice for public health and sustainable development. Membership is currently free of charge and specific benefits include:

- quarterly Network meetings
- capacity building workshops, master classes and training events
- sub-groups on Healthy Cities themes and approaches
- regular e-bulletin and news updates
- dissemination of learning and expertise from WHO, its Collaborating Centres and global leaders in the field
- access to knowledge and experience drawn from cities and towns across Europe active in Healthy Cities
- being part of a values-based movement with a strong history of putting the principles of equity, empowerment, partnership and community participation into practice in local urban settings.
- Website – phase II - Case studies/resources/news/links

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NETWORK MEETINGS AND STEERING GROUP

- The full Network meets quarterly – rota meetings
- The Network steering group meets quarterly to coincide with this – F2F or teleconference
- Network meetings include learning sets and themed meetings
- Themed groups
- This will be revised as the network grows and new Towns/Cities join

Healthy Cities 21st Century



Housing
&
Urban
Development

Security
&
Safety

Children
&
Teenagers

Environmental
Quality

**Cross- sector
Work a good
reminder**

Work
&
Education

Healthy
Ageing

Health
&
Living
Habits





UK Healthy Cities
N E T W O R K

**For further information on how to join
the UK Healthy Cities Network, visit**

www.healthycities.org.uk

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